

# Sports Massage

For injury prevention or management, pre or post event or relaxation

## Introductory Price List

Initial consultation (assessment & massage) £10

Follow-up appointment £15

Block booking (5 massages) £60

### About Me

*I am a recently qualified physiotherapist with a Level 4 certificate in sports massage. My work experience includes massage with Burnley Football Club, Torquay United Football Club, The Great Britain Waterpolo Team and the Manchester Phoenix Ice Hockey Team.*

**To book an appointment contact Jo on 07817 404084**

**Now available at Smithills Sports Centre**

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